



COULD YOU HELP A COLLEAGUE ?

Colchester Medical Society

colmedsocsec@gmail



When you are having a really bad day and you feel as if the whole world is against you despite your best efforts and it all just seems to much, who do you turn to?

The firm structures of old that offered training and pastoral support have gone!

Protected areas where doctors could catch up with their colleagues over a coffee and lunch and share their problems with without the worry of whether a patient or relative may be sitting on the next table no longer exist!

Suicide in doctors is the highest of any profession and twice that of the general population!

If you would be interested in helping the Colchester Medical Society set up a support group for doctors of all grades, permanent or locum staff then please contact me by the above email address including your name and best contact number for further details.

Many thanks.

James Sheldrick

President, Colchester Medical Society.