

“ Returning to work:
I'm on parental leave and struggling to make arrangements to allow me to return to work?

GP Flex:
I can't work mornings any more but I want to continue working full time, what are my options? ”

“ Locum GPs:
I like the flexibility of being a locum GP but fell out the loop with what's happening in my area.

Training:
I'd like to further my knowledge in dermatology, can I do this and continue to practice? ”

“ Revalidation:
I'm three years off retiring and I want to keep practicing but the revalidation process is complicated. I might take early retirement.

GO Support Hub

A new confidential support service for GPs

The GP Support Hub is a new service for GPs across Suffolk and NE Essex that offers information and support on a wide range of topics that GPs may encounter during their career. This confidential service is available by phone or email. Lots of information will also be available on the website.

How can the GP Support Hub work with you?

- Are you new to general practice?
- Is it time for revalidation?
- Do you want to change how you work?
- Have you been away from general practice?
- Do you know who looks after a GPs well-being?
- Do you have questions about your NHS pension?

We will answer all your queries or direct you to a person that can. For more information or for support please get in touch...

☎ 01473 350820

@ info@thegphub.org



A few examples of where the GP Support Hub can help:



Appraisals and revalidation – The GP Support Hub can help with the paper work and link you with appraisers which can be of use particularly for GP's who have been out of work for a period of time.



Training – The support Hub has a catalogue of the various training courses available for GP's both locally and nationally, free and paid courses. The GP hub can not only provide information on the courses but could potentially source available funding for one day courses through to full Msc/Bsc degrees.



Flexible working - The GP Flex project is designed to complement other GP workforce initiatives across Suffolk by creating new flexible GP remote working capacity to complete clinical administrative workload. By its nature remote working

increases the pool of clinical capacity overcoming the challenges of geography, working hours, access to clinical space and recruitment black spots. Please call or email the GP Support Hub for more information.



Return to work - The Suffolk 'GP Welcome Back to Work Service' can help get you ready to return to work. Working with a local host GP practice a GP clinical coordinator will help you create an individualised plan that suits your needs so that you can refresh your training, update your local referral pathway knowledge, refresh your clinical system knowledge, boost your confidence, get yourself work ready. We have access to a small amount of funding to support each GP. Please contact the GP Support Hub for more information.